

C A R E 2 D R I V E

FREE DOWNLOAD

My page

One page about how you take things in, written by you, for everyone who teaches you to drive.



Fill it in once

Hand it to anyone who teaches you

What you can ask for



3 pages · A4 · print and fill in

care2drive.co.uk · helping people who help people

One page about how you take things in, written by you, handed to everyone who teaches you to drive. Your instructor, whoever sits beside you for private practice, and the examiner on the day.

Learning to drive means being taught by more than one person. Most learners end up explaining themselves three times over, usually in the middle of a lesson, usually when they are already busy doing something else. This page does the explaining once, calmly, at a table.

There is no diagnosis on it, and nobody is entitled to ask you for one. It is a page about what helps, written the way you would say it.

How to use it

4. Take it to your test.
You tell DVSA about anything that affects how you take the test when you book it, not on the day. But the page is worth having with you.



Ellie says: you do not have to explain why you need something for it to be a reasonable thing to ask for.



My page

Name: _____ Date: _____

Instructions land best when they come like this

For example: one at a time. Early, before the junction. Told what to do rather than asked. Written down first. Shown, then told.

How much time I need between being told and doing it

Some people need a few seconds more than a normal instruction allows. Say roughly what works.

What I would rather you did not do while I am driving

For example: chat, ask me questions, give two instructions together, repeat something I am already doing.

How I like the car set up

For example: radio off, window up, cooler rather than warmer, no air freshener, sun visor down.

What it looks like when my attention is drifting

So the person beside you can spot it before you have to say it. What it looks like, and what helps then.

What I am already good at

This one matters. Fill it in.

Nobody needs to know a diagnosis to teach you well, and you do not have to give one. What is on this page is enough.



What you are allowed to ask for

These are real and they are free. They are just not widely known, so it is worth asking. You ask when you book, not on the day.

The theory test

Say so when you book.

You can ask to hear the test through headphones, in English or Welsh, and listen again as many times as you need. That one needs no proof at all.

With proof of a reading difficulty you can also ask for extra time on the multiple choice part, someone to read the screen and record your answers, or someone to reword a question in plainer words. DVSA decides which support fits and tells you what happens next.

Proof can come from a teacher, a doctor, an occupational therapist, or an online dyslexia screening. If none of those fit your situation, contact DVSA before you book and talk it through.

The practical test

Tell DVSA when you book about a disability, health condition or learning difficulty.

The standard of driving does not change. What can change is how the test is run. The examiner is told in advance, so nothing has to be explained in the car park.

You can ask for more time for instructions and directions. You can ask to follow road signs instead of the sat nav. You can ask for directions two at a time, or given by landmarks like a petrol station rather than a street name. If reading aloud is difficult, you can write the number plate down instead.

Your instructor, or someone else over 16, can sit in the back for the test and be there for the result. They take no part in it.

Do you have to tell the DVLA?

Usually not, and the honest answer is better than a reassuring one.

You tell DVLA only if a condition, or medication you take for it, affects your ability to drive safely. Having a diagnosis is not the same thing as being affected by it.

Dyslexia never needs reporting. For anything else, the test is the same one: does it affect your driving, or does your medication. If you are not sure, your doctor is the person to ask, and the current rules are at gov.uk.

This page comes from The Way I Learn.

A workbook for learners who take things in differently, and One Thing at a Time, the companion guide for driving instructors. Both from Care2Drive. care2drive.co.uk

♥ EVERY COPY SOLD HELPS A NEIGHBOURHOOD HERO LEARN TO DRIVE

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Care2Drive is independent and is not endorsed by, connected to or approved by the DVSA or DVLA. Rules on test support and on telling DVLA about a condition are set by government and change. Check the current position at gov.uk before you book.

