

C A R E 2 D R I V E

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What to say instead

Ten phrases for the passenger seat, the legal basics, and how to set up the first twenty minutes.



Ten swaps

The legal basics

The first twenty minutes



2 pages · PDF · for parents and supervising drivers

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Private practice is the single biggest thing you can give a learner. These ten swaps make the talking part easier: each one names the action or asks a question, so the learner keeps hold of the decision.



Ellie says: if you take one, take the second. Naming what to do next, rather than what has just gone by, works on everything, in the car and out of it.

Before your first drive together

The legal bit, in four lines.

You must be over 21, and have held a full licence for that type of car for at least three years.

The car must be insured for the learner to drive it. Check the policy rather than assuming, since many insurers also ask that the supervisor is over 25.

L plates front and back, and it is illegal to use a mobile phone while supervising.

No motorways with a family supervisor. Motorway practice is for an approved instructor in a dual-controlled car.

The first twenty minutes

Agree one thing to work on before you start the engine.

One focus: junctions, or roundabouts, or clutch control. A session with one job is easy to review, and easy to call a success.

Agree the words that mean stop.

Choose them while everything is calm. "Stop the car" means stop the car. Everything else is a conversation.

Agree who is teaching.

Their instructor sets the method and the order. Your part is miles, repetition and confidence, which is what an hour a week cannot provide on its own. Where your way and the instructor's way differ, follow the instructor's and raise it with them afterwards.

Afterwards, ask these three

1. What went better than last time?
2. What one thing would you change about that drive?
3. What do you want to practise next time?

Then add one thing you noticed that they did not, and finish the review there.

Want the whole practice plan?

Sitting in the Passenger Seat is our free ten page guide for supervising drivers, with ten sessions in order and a practice log. Our learner workbooks include private practice pages and hours logs, and Calm & Confident covers nerves. care2drive.co.uk

♥ EVERY COPY SOLD HELPS A NEIGHBOURHOOD HERO LEARN TO DRIVE

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Rules for supervising a learner are set by government and change from time to time. Check the current requirements at gov.uk, and confirm your insurance position in writing.

